

Portland, Oregon | *Visitor's Guide*



Located in the beautiful Pacific Northwest city of Portland, Oregon, NUNM provides and fosters a challenging, eclectic, and rigorous academic experience. You will be immersed in new ways of thinking about not only medicine and health care, but human beings and the world. You will be on the forefront of natural medicine, both eastern and western, and of integrated medicine research, nutrition, and global health.

NATIONAL UNIVERSITY OF
Natural Medicine



Portland, Oregon | *Places to stay...*

| **HOSTELS** |

HI Portland Hostel

425 NW 18th Avenue & Glisan St.
Portland OR 97209
503.241.2783 | 888.777.0067
info@nwportlandhostel.com

HI Portland Hawthorne Hostel

3031 SE Hawthorne Blvd.
Portland OR 97214
1.866.447.3031
hip@portlandhostel.org

| **BED & BREAKFAST** |

MacMaster House

104 SW Vista Avenue
503.223.7362
1.7 miles from campus

Near NUNM

| **HOTELS** |

Travelodge-Portland City Center

2401 SW Fourth Avenue
503.226.1121
0.3 miles from campus

Residence Inn

2115 SW River Parkway
503.552.9500
0.35 miles from campus

University Place

310 SW Lincoln Street
503.221.0140
0.4 miles from campus

Heathman Hotel

1001 SW Broadway
800.551.0011
0.5 miles from campus

Econo Lodge

1889 SW Fourth Avenue
503.226.7646
0.6 miles from campus

Riverplace Hotel

1510 SW Harbor Way
503.228.3233
0.7 miles from campus

Marriott-Portland Down Town

1401 SW Naito Parkway
503.226.7600
0.7 miles from campus

Portland Inn City Center

1414 SW Sixth Avenue
503.221.1611
0.8 miles from campus

Hilton Portland

921 SW Sixth Avenue
503.226.1611
1.0 miles from campus

Paramount Hotel

808 SW Taylor Street
503.223.9900
1.1 miles from campus

Hotel Monaco

506 SW Washington Street
503.222.0001
1.2 miles from campus

Marriott-Portland City Center

520 SW Broadway
503.226.6300
1.2 miles from campus

Westin Portland

750 SW Alder Street
503.294.9000
1.2 miles from campus

Hotel Lucia

400 SW Broadway
503.225.1717
1.3 miles from campus

Ace Hotel

1022 SW Stark Street
503.228.2277
1.3 miles from campus

Hotel Vintage Plaza

422 SW Broadway
503.228.1212
1.3 miles from campus

Benson Hotel

309 SW Broadway
503.228.2000
1.3 miles from campus

Embassy Suites-Downtown

319 SW Pine Street
503.279.9000
1.3 miles from campus

The Sentinell Hotel

614 SW 11th Avenue
503.224.3400
1.3 miles from campus

Hotel Deluxe

729 SW 15th Avenue
503.219.2094
1.4 miles from campus

The Nines

525 SW Morrison
877.229.9995
1.5 miles from campus

Jupiter Hotel

800 E Burnside
503.230.9200
1.7 miles from campus

Near the Airport

| **HOTELS** |

Radisson Hotel

6233 NE 78th Ct.
503.251.2000
www.radisson.com

Red Lion Hotel

7101 NE 82nd Avenue
503.255.6722
www.redlion.com

Staybridge Suites

11936 NE Glenn Widing Drive
503.262.8888
www.staybridge.com

Embassy Suites – Airport

7900 NE 82nd Avenue
503.460.3000
www.embassysuites.com

Hampton Inn

8633 NE Airport Way
503.288.2423
www.hamptoninn1.hilton.com

For additional listings, please visit: www.portland.com | www.travelportland.com | www.portlandguide.com

Portland, Oregon | *Things to do...*

| **YOGA** |

Shakti House

1401 SE Morrison St
Portland OR 97214
503.972.2929

Yoga Heaven

1436 SW Park Avenue - #303
Portland OR 97201
503.295.1191

Yoga in the Pearl

925 NW Davis Street
Portland OR 97209
503.525.9642

24 Hour Fitness – Find a Yoga Class

www.24hourfitness.com

Bikram Yoga

7070 SE 16th Ave
Portland OR 97202
503.232.9642

| **BOOKS** |

Powell's Bookstore

1005 W Burnside
Portland OR 97209

"The point is Powell's probably is the world's greatest bookstore. It is a place of staggering ambition, hidden in the very humble wrapper of a worn-out warehouse. Any library we seek tax money to build ought to measure up to Powell's or it isn't worth it."

- The Seattle Times

In Other Words Women's Books & Resources

14 NE Killingsworth
Portland OR 97211
Inotherwords.org

| **PARKS & GARDENS** |

Tanner Springs Park

NW 10th Avenue
Portland OR 97209

Jamison Square

810 NW 11th Avenue
Portland OR 97209

Washington Park

A public, urban park in Portland. Features include gardens, Zoo, Children's Museum, Vietnam Veteran Memorial, Holocaust Memorial, etc.

Portland Japanese Garden

611 SW Kingston Ave
Portland OR 97205
www.japanesegarden.com

International Rose Test Garden

850 SW Rose Garden Way
Portland OR 97205
www.rosegardenstore.org

Portland Chinese Garden

239 NW Everett St
Portland OR 97209
www.lansugarden.org

Oregon Zoo

4001 SW Canyon Road
Portland OR 97221
503.226.1561
www.oregonsoo.org

Hoyt Arboretum

4000 SW Fairview Blvd
Portland OR 97221
www.hoytarboretum.org

Vietnam Veterans of Oregon Memorial

4000 SW Canyon Rd
Portland OR 97221
503.823.2223

Oregon Holocaust Memorial

Ohr.c.pacific.edu/memorial

Forest Park

Great place for hiking, jogging, mountain biking. Forest Park is a public park; the largest natural urban forest reserve in the U.S. NW 29th Avenue & NW Upshur Street to Newberry Road
forestparkconservancy.org

Waterfront Park

NW Front Avenue
Portland OR
Canoe/Walk/bike along the Willamette River and then grab a lunch in one of the local restaurants.

Multnomah Falls

Historic Columbia River Hwy - #35
Bridal Veil OR 97010
503.695.2372

Opal Creek

www.opalcreek.org

Crater Lake

<http://www.nps.gov/crla/index.htm>

Eagle Creek

portlandandhikesfieldguide.org

Silver Falls

<http://www.oregonstateparks.org>

| **ACTIVITIES** |

Snowboarding | Skiing | Snow Play

- ❑ www.allmounthood.com
- ❑ www.mthood.biz
- ❑ www.skihood.com

Rock Climbing

- ❑ www.portlandrockgym.com

Camping

- ❑ www.oregon.com/camping

| **MOVIES** |

Pioneer Place Stadium Theatre

340 SW Morrison
Portland OR 97204
800.326.3264

Roseway Theatre

7229 NE Sand Blvd
Portland OR 97213
503.282.2898
www.rosewaytheater.com

CHEAP FLIX: SECOND RUN FILMS

The Academy Theatre

7818 SE Stark Street
Portland OR 97215
503.252.0500

The Bagdad Theatre & Pub

3702 SE Hawthorne Blvd
Portland OR 97214
503.236.9234

| ENTERTAINMENT |

Pioneer Courthouse Square

thesquarepdx.org

It is between Morrison & Yamhill and Broadway & Sixth. It is a central meeting point downtown and hosts over 300 festivals and concerts.

Mt. Hood Jazz Festival

www.mthoodjazz.org

Mt. Hood Jazz Festival is one of the nation's premiere jazz festivals featuring local talent as well as some of the most well-known jazz musicians from the Northwest and across the nation. This festival is held the first two weekends in August at various venues in and around Portland.

Portland Rose Festival & Parade

503.227.2681

www.rosefestival.org

The Portland Rose Festival is an annual event held in early June. Tom McCall Waterfront Park hosts the Pepsi Waterfront Village, offering family entertainment with a carnival atmosphere. The highlight of the 11-day event is the nationally-known Grand Floral Parade, the second-largest all-floral parade in North America. Other Rose Festival features are: dragon boat races, the Starlight Parade, Fleet Week, fireworks, and Musicfest.

Safeway Waterfront Blues Festival

www.waterfrontbluesfest.com

Held right on the waterfront, the five-day Waterfront Blues Festival brings people from all over the state (as well as boaters) the hear some of the best blues bands from all over the world and watch the fireworks on the Fourth of July. Proceeds go to the Oregon Food Bank.

The Bite of Oregon

www.biteoforegon.com

Every August for over twenty years, Portland has been celebrating The Bite of Oregon. Great music, food from some of Portland's best restaurants and wine from over 20 wineries across the state are the offerings along the waterfront at The Bite Festival with proceeds going to the Oregon Special Olympics.

Cinco de Mayo

www.cincodemayo.org

The popular Mexican celebration of independence is celebrated in Portland every year on May 5th at Portland's Waterfront Park and includes food, music, dancing and fun.

Portland's Christmas Ships Parade

www.christmasships.org

For the two weeks before Christmas, the Christmas Ship Fleet, averaging 50 - 60 boats, has been sailing Portland's Willamette and Columbia Rivers for over 50 years.

LPGA Portland Classic

www.portlandlpga.com

The top world-class women's golfers play on tour in August at the Columbia Edgewater Country Club.

Musicfest NW

www.musicfestnw.com

In September, over 250 bands featuring all music genres perform at various places around Portland.

Lake Oswego Festival of the Arts

503.636.1060

www.lakewood-center.org

The three-day Festival of the Arts features more than 1,000 regional artists in an open art show, a juried craft fair, music at George Rogers Park, and a performing arts series.

Sherwood, OR Robin Hood Festival

503.625.4233

www.robinhoodfestival.org

The Robin Hood Festival, held annually in July, began in 1952. Activities include a parade, a knighting ceremony, a castle-building contest, and an archery contest. The Sherwood Renaissance Singers perform throughout the festival.

Tigard Festival of Balloons

503.612.8213

www.tigardballoon.org

Events at the Tigard Festival of Balloons include a carnival, music, craft fair, food vendors and a beer garden, a 5k run, night glow and plenty of hot air balloons!

Tualatin, Oregon Crawfish Festival

www.tualatincrawfishfestival.com

This 53-year-old event is the nation's oldest crawfish festival. There is a crawfish-eating contest, and crawfish cooked various ways, as well as other food vendors. The food, music, entertainment and fun can be found at The Commons by the lake as well as in Tualatin Park.

Vancouver Wine and Jazz Festival

www.vancouverwinejazz.com

Esther Short Park in downtown Vancouver, Washington hosts internationally acclaimed jazz artists such as Chick Corea, Diane Schuur, and The Louis Armstrong Society Jazz Band at the Vancouver Wine and Jazz Festival. Other features of this annual summertime festival are great wines, fine cuisine, and artwork by Northwest artists.

Festa Italiana

www.festa-italiana.org

A festival that showcases Italian culture is held in August at the Pioneer Courthouse Square. The festival includes a wine garden, Italian food, dancing and live entertainment.

Portland, Oregon | *Things to do...*

| SHOPPING |

Pioneer Place

700 SW Fifth Avenue
Portland OR 97204
503.228.5800
www.pioneerplace.com

Lloyd Center Mall

2201 Lloyd Center
Portland OR 97232
503.282.2511
www.lloydcenter.com

Cascade Station – Airport

9721 NE Cascades Pkwy
Portland OR 97220
www.shopcascadestation.com

Clackamas Town Center

12000 SE 82nd Ave – Suite 2185
Happy Valley OR 97086
503.659.8996
www.clackamastowncenter.com

Bridgeport Village

7455 SW Bridgeport Road #205
Portland OR 97224
503.968.1704
www.bridgeportvillage.com

Pearl District

explorethepearl.com

Hawthorne District

SE Hawthorne Blvd.
Portland OR 97214

Woodburn Company Stores – Outlet

1001 N Arney Road
Woodburn OR 97071
503.981.1900
www.premiumoutlets.com/outlets/outlet.asp?id=110

Columbia Gorge Premium Outlets

450 NW 257th Ave
Troutdale OR 97060
503.669.8060
www.premiumoutlets.com/outlets/outlet.asp?id=28

Portland Shopping Tour

NW 23rd Avenue Portland OR
(Off of Burnside Downtown)

| ART |

First Thursday

www.firstthursdayportland.com
On the first Thursday of each month, the Pearl District celebrates the arts with gallery showings as well as sidewalk offerings from independent artists and musicians.

Last Thursday

www.lastthursdayonalberta.com
Over 120 artists offer their works at the Art in the Pearl community arts event. Other festivities include artist demonstrations, music, and food. This festival is held in early September at the NW Park Blocks at W Burnside and NW Glisan.

Portland Saturday Market

2 SW Natio Pkwy
Portland OR 97204
503.241.4188
www.portlandsaturdaymarket.com

The Portland Saturday Market is held on Saturdays and Sundays from March until December. This thriving open-air marketplace offers local arts and crafts, an international food court, street musicians, special events and activities for kids. The Saturday Market is located under the west end of the Burnside Bridge. It from March to December 24.

OMSI | Oregon Museum of Science & Industry

1945 SE Water Avenue
Portland OR 97214
503.797.4000
www.oms.edu

Portland Art Museum

1219 SW Park Avenue
Portland OR 97205
503.226.2811
www.portlandartmuseum.org

NEARBY

| HEALTH FOOD STORES |

Whole Foods Market

Open 7:00am – 10:00am daily

1210 NE Couch
Portland OR 97209
503.525.4343

New Seasons Market

Open 8:00am – 11:00pm daily

1214 SW Tacoma Street
Portland OR 97202
503.230.4949

1954 SE Division Street
Portland OR 97202
503.445.2888

4034 SW Hawthorne Blvd
Portland OR 97214
503.236.4800

Trader Joe's

www.traderjoes.com
Open 8:00am – 10:00pm daily

2122 NW Glisan
Portland OR 97210
971.544.0788

4121 NE Halsey Street
Portland OR 97232
503.284.4232

| FARMER'S MARKETS |

www.portlandfarmersmarket.org

Saturdays | April-mid December

Portland State University in downtown's South Park Blocks between SW Park Ave and SW Montgomery St
8:30am-2:00pm Mar.-Oct.
9:00am-2:00pm Nov. & Dec.

Wednesdays | May-November

Shemanski Park in downtown's South Park Blocks between SW Park Ave and SW Salmon St
10:00am-2:00pm

Thursdays | June - September

Northwest in the Pearl District between NW 19th Ave and NW Everett St
2:00pm-6:00pm

Thursdays | May – September

Buckman between SE Salmon and SE 20th Ave
3:00pm -7:00pm

Portland, Oregon | *Bite of Oregon...places to eat.*

| SW PORTLAND |

Baan Thai

1924 SW Broadway – 2nd Floor

503.224.8424

Really good Thai food on Portland State campus

Baker & Spice

6330 SW Capitol Hwy

503.244.7573

www.bakerandspicebakery.com

A scratch bakery specializing in all butter

pastries, rustic breads, sandwiches and desserts.

Seasonal local ingredients.

www.bijoucafepdx.com

Bijou Café

132 SW 3rd Street

503.222.3187

Portland intuition for over 20 years pioneering

sustainable, local, and organic produce, meats,

and eggs.

Caro Amico Italian Cafe

3606 SW Barbur Blvd

503.223.6895

This restaurant is walking distance from NUNM

www.caroamicoitaliancafe.com

Corbett Fish House

5901 SW Corbett Avenue

503.246.4434

Portland's best fish and chips – gluten-free and

following the guidelines of the Monterey Bay

Aquarium sustainable seafood watch.

www.corbettfishhouse.com

Departure Restaurant & Lounge

(At the Nines Hotel)

525 SW Morrison Street

503-802-5370

www.departureportland.com

Asian Fusion food at the Nines Hotel

Higgins Restaurant

1239 SW Broadway

503.222.9070

higginsportland.com

Higgins Restaurant is committed to producing

the best quality food, by using local, organic and

sustainable products whenever possible.

Hot Lips Pizza | Downtown, PSU

1909 SW 6th Avenue

503.224.0311

www.hotlipspizza.com

Handcrafted pizza featuring local, seasonal, and

organic ingredients. Hot Lips works directly with

local farmers to bring the fresh, consciously

grown seasonal harvest to their pizzas, salads,

sandwiches, and even soda!

Kenny & Zuke's Delicatessen

1038 SW Stark

503.222.3354

New York Jewish deli fare.

www.kennyandzukes.com

Jake's Grill

611 SW 10th Ave

503.220.1850

Nice Happy Hour menu

Lair Hill Bistro

2823 SW 1st Ave

503.279.0200

Walking distance from NUNM, they have coffee,

wine, soups, salads, etc.

lairhillbistro.com

Little Bird Bistro

219 SW 6th Ave

503.688.5952

www.littlebirdbistro.com

French cuisine

Mother's Bistro & Bar

212 SW Stark Street

503.464.1122

www.mothersbistro.com

Newport Seafood Grill

0425 SW Montgomery St

503.227.3474

newportseafoodgrill.com

This restaurant sits right on the water for nice

river views

Pastini Pastaria

911 SW Taylor Street

503.863.5188

www.pastini.com

Has Gluten Free Options

PSU Food Carts

SW 4th Ave & SW College

This place has a line up of various food carts:

Indian, Japanese, Mexican, and Vegan. Thai

Portland City Grill

111 SW 5th Ave

503.450.0030

www.portlandcitygrill.com

This restaurant is on the 39th floor with amazing

views of Mt. Hood and East Portland on a clear

day, and they have a busy Happy Hour

Sasquatch Brewing Company

6440 SW Capitol Hwy

503.402.1999

sasquatchbrewery.com

Local ingredients burger & beer.

Thanh Long Bakery & Restaurant

635 SW College Street

503.223.1660

Vietnamese food

Urban Farmer

525 SW Morrison Street

503.222.4900

www.urbanfarmerportland.com

Organic Dining at the Nines Hotel

Veritable Quandary

1220 SW 1st Ave

503.227.7342

www.veritablequandary.com

Fresh & new menus

Verde Cocina Café

6446 SW Capitol Hwy

503.384.2327

Organic Mexican cuisine with gluten

free option

Voodoo Donut

22 SW 3rd Ave

503.241.4704

voodoodoughnut.com

World famous, has been featured on various TV

shows, carrying donuts that you can't find

anywhere else!

***VEGETARIAN OPTION**

DC Vegetarian

430 SW 3rd Ave

503.317.4448

dcvegetarian.com

Portland, Oregon | *Bite of Oregon...places to eat.*

SE PORTLAND |

A Roadside Attraction

1000 SE 12th Ave
503.233.0473

Funky, cozy neighborhood hangout in SE Portland offers rotating taps and domestic beers, plus a small menu of grilled items.

Ava Gene's

3377 SE Division St
971.229.0571
avagenes.com

Italian cuisine

Cafe Castagna

1758 SE Hawthorne Blvd
503.231.9959

www.castagnarestaurant.com

Cafe Castagna offers casual European and American food with a friendly warm atmosphere, affordable, diverse wine list and casual service.

Dick's Kitchen

3312 SE Belmont St
503.235.0146

www.dkportland.com

Paleo to vegan and gluten free options.

Farm Cafe

10 SE 7th Ave
503.736.3276

www.thefarmcafe.com

Pacific Northwest cuisine, seasonal rotating menu, local organic produce, wine list, cocktails, micro-brews.

Fuji's Clackamas

12270 SE Sunnyside Rd.

503.698.3941

Portland's best revolving sushi bar & grill. Japanese grill.

Fujiyama Bar & Grill

4124 SE 82nd Ave. – Suite 550
503.775.2019

www.fujiyamapdx.com

Fresh sushi and Japanese grill. House of the Original Timmy Sauce from Fuji's.

Laughing Planet Cafe

Various locations around the city
3320 SE Belmont St
503.235.6472

www.laughingplanetcafe.com

Wholesome, convenient and reasonably priced food that's good for you, good for the planet and good for your wallet.

My Brother's Crawfish

8220 SE Harrison Street
503.774.3786

www.mybrotherscrawfish.com

Best Louisiana Cajun food in Portland.

Montage

301 SE Morrison Street
503.234.1324

www.montageportland.com

Southern Cajun food

New Cascadia Traditional

1700 SE 6th Ave
503.546.4901

www.newcascadiatraditional.com

A Gluten Free Bakery

Nicholas

318 SE Grand
503.235.5123

www.nicholasrestaurant.com

Lebanese and Middle Eastern cuisine

Nong's Khao Man Gai

609 SE Ankeny St
503.740.2907

khaomangai.com

Organic chicken & rice

Nuestra Cocina

2135 SE Division St
503.232.2135

www.neustra-cocina.com

Mexican cuisine

Pho Van

1919 SE 82nd Ave
503.788.5244

www.phovanrestaurant.com

Pix Patisserie

2225 East Burnside
971.272.7266

Fabulous desserts, wine, and Belgian beers

Pok Pok

3226 SE Division St
503.232.1387 | www.pokpokpdx.com

Northern style Thai cuisine.

Roe

3113 SE Division St
503.236.0205

www.roe-pdx.com

Four course meal

Saburos Sushi House

1667 SE Bybee Blvd.

503.236.4237 | www.saburos.com

Slappy Cakes

4246 SE Belmont Street

503.477.4805 | www.slappycakes.com

Breakfast food and make your own pancakes.

Wild Abandon

2411 SE Belmont St.

503.232.4458

www.wildabandonrestaurant.com

A neighborhood spot that believes you should feel comfortable coming to this cozy spot for a quick bite or just cocktails with friends.

Woods Man Tavern

4537 SE Division St
971.373.8264

woodmantavern.com

Mediterranean cuisine

*VEGETARIAN OPTION

Hungry Tiger

2075 SE 12th Ave (btwn Ash & Stark)

hungrytigerpdx.com

The Tao of Tea

3430 SE Belmont St
503.736.0119

www.taotea.com

Vege Thai

3272 SE Hawthorne Blvd
503.234.2171

www.vegethai.com

*VEGAN OPTION

Paradox Palace Café

3439 SE Belmont St
503.232.7508

Vegan friendly diner.

Pho Green

402 SE Martin Luther King Jr.
503.231.1431

Vegan friendly

Portobello Vegan Trattoria

1125 SE Division St
503.754.5993

portobellopdx.com

Portland, Oregon | *Bite of Oregon...places to eat.*

| NW PORTLAND |

Andina

1314 NW Glisan Street
503.228.9535
www.andinarestaurant.com
Oregonian's 2005 Restaurant of the Year, offers Portland's best ceviches.

Bamboo Sushi NW

836 NW 32nd Ave
971.229.1925
bamboosushi.com
World's 1st certified sustainable sushi restaurant.

Cha Cha Cha Taqueria

Pearl District
1208 NW Glisan St
503.221.2111
chachachapdx.com
Mexican food

Daily Café

902 NW 13th Ave
503.242.1916
dailyinthepearl.com
Daily Café is a Food Alliance partner dedicated to serving fresh, seasonal food at reasonable prices.

Marrakech Moroccan Restaurant

1201 NW 21st Ave
503.248.9442
marrakeshportland.com
Great for dining with others to share the large dishes...eat with your fingers!

Old Town Pizza

226 NW Davis
503.222.9999
Oldtownpizza.com
Haunted? Whatever. Good pizza.

Paley's Place

1204 NW 21st Ave
503.243.2403
www.paleyspace.net

Papa Haydn

701 NW 23rd Ave
503.288.7317
www.papahydn.com
Known for its desserts.

Swagat Indian Cuisine

2074 NW Lovejoy St
503.227.4300
swagat.com
Good lunch buffet, vegetarian options

Tara Thai

1310 NW 23rd Ave
503.222.7840
www.tarathainorthwest.com
Thai and Lao food.

***VEGETARIAN OPTION**

Vegetarian House

22 NW Fourth Ave
503.274.0160.
www.vegetarianhouse.com
Chinese cuisine.

| N PORTLAND |

Gravy

3957 N Mississippi Ave
503.287.8800
www.eatatgravy.com
Breakfast and lunch—busy

Pause Kitchen & Bar

5101 N Interstate
971.230.0705
Family friendly pub.

Tasty'N Sonis

3808 N Williams Ave
503.621.1400
Meals include North Africa, Asia & American South influences.

Sweeedeede

5202 N Albina Ave
503.946.8087
blog.sweeedeede.com
Breakfast & brunch
4823 N Lombard
503.289.0120
Limited hours. Vegan and vegetarian friendly.

***VEGETARIAN OPTION**

Mississippi Pizza

3552 N Mississippi Ave
503.288.3231
www.mississippipizza.com
Vegetarian and vegan friendly

Thai Ginger

2020 N Rosa Parks Way
503.283.9731
Vegetarian options available.
"Prepared and served with mindfulness, gratitude and the intention to heal and nurture". Blossoming Lotus Portland is the latest offering from the internationally acclaimed Blossoming Lotus restaurant, located in Kapaa, Kauai.

| NE PORTLAND |

Aviary

1733 NE Alberta St
503.287.2400
www.aviarypdx.com
French & Asian cuisine

Beast

5425 NE 30th Ave
503.841.6968
beastpdx.com
Dinner menu changes every week.

Bollywood Theater

2039 NE Alberta St
971.260.4711
www.bollywoodtheaterpdx.com
Indian cuisine

Cup and Saucer

3000 NE Killingworth (also in N and SE location)
503.287.4427
Diner. Specializes in breakfast.

Dove Vivi

2727 NE Glisan St
503.239.4444
www.dovevivipizza.com
Cornmeal crust pizza w fresh seasonal toppings

Firehouse Restaurant

711 NE Bukum St
503.954.1702
www.firehousepdx.com
Seasonable & sustainable meals

Ned Ludd

3925 NE Martin Luther King Jr Blvd
503.288.6900
Wood-fired oven meals

Ox

2225 NE Martin Luther King Jr Blvd
503.284.3366
oxpdx.com

Podnah's Pit BBQ

1625 NE Killingsworth St
503.281.3700
www.podnahspot.com

Tin Shed Garden Cafe

1438 NE Alberta St
503.288.6966
www.tinshedgardencafe.com
Enjoy outdoor dining, complete with fireplace and garden.

Toro Bravo

120 NE Russell St

503.281.4464

www.torobravopdx.com*Small plates***Vita Cafe**

3024 NE Alberta St.

503.335.8233

www.vita-café.com

*Serving community with a fun menu providing
seasonal ingredients, locally grown or produced.
Very kid friendly.*

Waffle House

2624 NE Alberta St

503.265.8031

www.wafflewindow.com***VEGETARIAN OPTION****Natural Selection**

3030 NE Alberta St

www.naturalselectionpdx.com***VEGAN OPTION****Blossoming Lotus Cafe**1713 NE 1st Ave

503.228.0048

blpdx.com

For additional listings, please visit: www.portland.com | www.travelportland.com | www.portlandguide.com