

# MSiMH FOUR-YEAR CURRICULUM

## first and second year

COURSE #	FIRST-YEAR FALL	LECTURE	CREDITS
GSMH 510	Intro to Psychotherapeutics (weekend format)	12	1
GSMH 511	Psychological/Character Development	24	2
	<b>First-Year Fall Totals</b>	<b>36</b>	<b>3</b>
COURSE #	FIRST-YEAR WINTER	LECTURE	CREDITS
GSMH 520	Personal Growth (weekend format)	48	4
	<b>First-Year Winter Totals</b>	<b>48</b>	<b>4</b>
COURSE #	FIRST-YEAR SPRING	LECTURE	CREDITS
GSMH 531	Counseling Skills	36	3
	<b>First-Year Spring Totals</b>	<b>36</b>	<b>3</b>
	<b>FIRST-YEAR TOTALS</b>	<b>120</b>	<b>10</b>
COURSE #	SECOND-YEAR SUMMER	LECTURE	CREDITS
GSMH 530	Ethics of the Psychotherapeutic Relationship	12	1
GSMH 716	Psychotherapy: Theory and Application	24	2
	Elective	24	2
	<b>Second-Year Summer Totals</b>	<b>60</b>	<b>5</b>
COURSE #	SECOND-YEAR FALL	LECTURE	CREDITS
GSMH 540	Psychological Diagnosis	36	3
	Elective	24	2
	<b>Second-Year Fall Totals</b>	<b>60</b>	<b>5</b>
COURSE #	SECOND-YEAR WINTER	LECTURE	CREDITS
GSMH 541	Biopsychosocial Assessment and Evaluation	24	2
	<b>Second-Year Winter Totals</b>	<b>24</b>	<b>2</b>
COURSE #	SECOND-YEAR SPRING	LECTURE	CREDITS
GSMH 600	Culturalism, Diversity and Social Justice	36	3
	<b>Second-Year Spring Totals</b>	<b>36</b>	<b>3</b>
	<b>SECOND-YEAR TOTALS</b>	<b>180</b>	<b>15</b>

# third and fourth year

COURSE #	THIRD-YEAR SUMMER	LECTURE	CREDITS
GSMH 601	Research Methods	36	3
GSMH 521	Consultation I	24	2
	<b>Third-Year Summer Totals</b>	<b>60</b>	<b>5</b>
COURSE #	THIRD-YEAR FALL	LECTURE	CREDITS
GSMH 512	Integrative Psychopharmacology	48	4
	<b>Third-Year Fall Totals</b>	<b>48</b>	<b>4</b>
COURSE #	THIRD-YEAR WINTER	LECTURE	CREDITS
GSMH 620	Psychotherapeutic Strategies I (weekend format)	36	3
	<b>Third-Year Winter Totals</b>	<b>36</b>	<b>3</b>
COURSE #	THIRD-YEAR SPRING	LECTURE	CREDITS
GSMH 630	Professional Growth (weekend format)	36	3
	<b>Third-Year Spring Totals</b>	<b>36</b>	<b>3</b>
	<b>THIRD-YEAR TOTALS</b>	<b>180</b>	<b>15</b>
COURSE #	FOURTH-YEAR SUMMER	LECTURE	CREDITS
GSMH 643	Psychotherapeutic Strategies II (weekend format)	36	3
	Elective	24	2
	<b>Fourth-Year Summer Totals</b>	<b>60</b>	<b>5</b>
COURSE #	FOURTH-YEAR FALL	LECTURE	CREDITS
GSMH 532	Consultation II	24	2
GSMH 614	Practicum I	60	5
	<b>Fourth-Year Fall Totals</b>	<b>84</b>	<b>7</b>
COURSE #	FOURTH-YEAR WINTER	LECTURE	CREDITS
GSMH 613	Consultation III	24	2
GSMH 622	Practicum II	60	5
	<b>Fourth-Year Winter Totals</b>	<b>84</b>	<b>7</b>
COURSE #	FOURTH-YEAR SPRING	LECTURE	CREDITS
GSMH 631	Practicum III	60	5
GSMH 621	Consultation IV	24	2
	<b>Fourth-Year Spring Totals</b>	<b>84</b>	<b>7</b>
	<b>FOURTH-YEAR TOTALS</b>	<b>312</b>	<b>26</b>
	<b>TOTAL CORE CREDITS</b>		<b>60</b>
	<b>TOTAL ELECTIVE CREDITS</b>		<b>6</b>
	<b>TOTAL REQUIRED CREDITS</b>		<b>66</b>

# MSiMH ELECTIVES 6 Credits Required

## electives

At least half of the 6 required elective credits for the MSiMH degree must be taken from courses designated as counting toward the program (listed below). The remainder may come from any approved graduate-level elective course offered at NUNM, as long as course prerequisites are met. *NOTE: Elective courses may not be offered every year. All elective courses are scheduled based on faculty availability and adequate student enrollment.*

COURSE #	COURSE	LECTURE	CREDITS
GSMH 700E	Introduction to Addictions	24	2
GSMH 702E	Attachment Work	36	3
GSMH 703E	Trauma Work	36	3
GSMH 704E	Chinese Medicine Applications for Mental Health	36	3
GSMH 705E	Nutrition for Mental Health – Cooking Class	24	2
GSMH 706E	Introduction to Expressive Art Therapy	24	2
GSMH 707E	Working with Autism Spectrum Disorders	36	3
GSMH 708E	Body Image and Disordered Eating	24	2
GSMH 709E	Evolutionary Psychology	24	2
GSMH 710E	Motivational Interviewing and Behavior Change	36	3
GSMH 711E	Personality Theory and Assessment	24	2
GSMH 712E	The Psychology of Sexual Orientation	36	3
GSMH 713E	Crisis Management and Psychological First Aid	36	3
GSMH 714E	Introduction to Hakomi	36	3
GSMH 715E	Applied Mindfulness	24	2
GSMH 716E	Advanced Skills Tutorial	24	2
CM 26E	Shan Ren Dao Retreat	48	4