

BSiHS TWO-YEAR CURRICULUM

first year

COURSE #	FIRST-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 311	Introduction to Integrative Medicine		36	36	3
NU 311	Introduction to Nutrition		48	48	4
NS 311	Anatomy and Physiology	24	48	72	5
SS 311	Self-Care and Self-Management		36	36	3
	First-Year Fall Totals	24	168	196	15

COURSE #	FIRST-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 321	Critical Thinking for Pre-Health Professionals		36	36	3
NS 322	Immunology		48	48	4
NS 321	Genetics		48	48	4
SS 321	Culture, Identity and Emotion		36	36	3
	First-Year Winter Totals	0	168	168	14

COURSE #	FIRST-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 331	Exercise Science		36	36	3
NS 331	Organic Chemistry with Lab	48	48	96	6
SS 331	Advanced Writing and Self-Reflective Skills		36	36	3
SS 332	Intercultural Communication Skills		36	36	3
	First-Year Spring Totals	48	156	204	15

	FIRST-YEAR TOTALS	72	492	564	44
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second year

COURSE #	SECOND-YEAR SUMMER	LAB	LECTURE	TOTAL HOURS	CREDITS
NS 401	Biochemistry for Life Sciences		48	48	4
	Second-Year Summer Totals	0	48	48	4
COURSE #	SECOND-YEAR FALL	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 411	Health Psychology and Mind-Body Medicine		36	36	3
NS 411	Biostatistics for Pre-Health Majors		36	36	3
NS 412	Scientific and Professional Communication		36	36	3
MT 411	Analytical Business Development		24	24	2
	Elective		36	36	3
	Second-Year Fall Totals	0	168	168	14
COURSE #	SECOND-YEAR WINTER	LAB	LECTURE	TOTAL HOURS	CREDITS
IM 421	Careers in Integrative Medicine: Who Are You and What Do You Want to Do?		24	24	2
IM 422	Introduction to Botanical Medicine	24	36	60	4
NS 421	Evidence-Based Practice for Pre-Health Professionals		36	36	3
SS 421	Ethics and Philosophical Dilemmas		36	36	3
	Elective		36	36	3
	Second-Year Winter Totals	24	168	192	15
COURSE #	SECOND-YEAR SPRING	LAB	LECTURE	TOTAL HOURS	CREDITS
NU 431	Whole Food: Rethinking the Science of Nutrition	24	36	60	4
IM 431	Integrative Health Sciences Capstone		36	36	3
NS 432	Physics with Lab	24	48	72	5
	Elective		36	36	3
	Second-Year Spring Totals	48	156	204	15
SECOND-YEAR TOTALS		72	540	612	48
TOTAL CORE CREDITS					83
TOTAL ELECTIVE CREDITS (9 required, students may take up to 18)					9
TOTAL REQUIRED CREDITS					92